



**COBRA Rate Sheet for 2022
Stanford Health Care - CRONA**

Monthly COBRA Rates effective from January 1, 2022 through December 31, 2022

Coverage Levels	Aetna Choice POS II*	SHCA**	Kaiser HMO***	Delta Dental PPO	DeltaCare HMO	Beacon Health Options EAP
Employee Only	\$1,112.44	\$1,359.62	\$704.31	\$51.01	\$16.30	\$2.19
Employee & Spouse	\$2,435.93	\$2,976.54	\$1,583.91	\$94.36	\$30.63	\$2.19
Employee & Child(ren)	\$2,002.35	\$2,446.44	\$1,197.86	\$96.92	\$28.86	\$2.19
Employee, Spouse & Child(ren)	\$3,325.82	\$4,063.34	\$2,077.48	\$140.26	\$43.99	\$2.19
Spouse Only	\$1,112.44	\$1,359.62	\$704.31	\$51.01	\$16.30	\$2.19
Spouse & Child(ren)	\$2,002.35	\$2,446.44	\$1,197.86	\$96.92	\$28.86	\$2.19
One Child Only	\$1,112.44	\$1,359.62	\$704.31	\$51.01	\$16.30	\$2.19
Children Only	\$2,002.35	\$2,446.44	\$1,197.86	\$96.92	\$28.86	\$2.19

** Aetna Choice POS II medical rates include prescription drugs through CVS/caremark and mental health/substance abuse benefits, and vision with VSP*

*** Stanford Health Care Alliance (SHCA) medical rates include prescription drugs through Aetna and mental health/substance abuse through SHCA, and vision with VSP*

****Kaiser medical rates include prescription drugs and mental health/substance abuse through Kaiser, and vision with VSP*